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MSPENLETTERS

Happiness is not about having a perfect life or waiting for everything to go your way. It is about learning to appreciate the little things, finding something good in each day, and choosing to smile even when life feels difficult. Give yourself time to rest, laugh with people you love, and enjoy the moments that cannot be repeated. You will not always feel happy, and that is okay. Keep moving forward, stay grateful, and remember that joy can be found in the simplest moments.